IN THE CLAIMS:

1. **(Currently Amended)** An actuator comprising a reversible motor ~~(6)~~, a transmission ~~(7, 13)~~ operatively connected to the motor, said transmission having a rotating element, a movable adjustment element operatively connected to the transmission, a cylindrical part ~~(9, 10),~~ a coil spring ~~(11)~~ with a first end secured and a second end free, said coil spring being arranged on the cylindrical part and with the direction of winding such that the spring exerts a braking effect on the adjustment element in ~~the~~ one direction of movement thereof in that the spring is ~~tightened~~ tight around the cylindrical part, said braking effect being adapted such that it may be overcome by the motor, ~~characterized in that~~ wherein the coil spring ~~(11)~~ has ~~its one~~ the first end secured to a rotating element ~~(13) in the device~~ and the axis of the coil spring arranged in alignment with an axis of the rotating element so that the spring ~~(11)~~ is carried along in the rotation on the cylindrical part ~~(9, 10),~~ which is static in relation ~~thereto~~to the rotating element.

2. **(Currently Amended)** An actuator according to claim 1, ~~characterized in that~~ wherein the cylindrical part ~~(9, 10)~~ is of metal in full or in part.

3. **(Currently Amended)** An actuator according to claim 2, ~~characterized in that~~ wherein the cylindrical part ~~(9)~~ has core of metal provided with ~~a plastics coating on the circumference, e.g., in the form of~~

a ~~plastics~~ plastic bushing ~~(10)~~ thereon secured against rotation, at least on ~~the~~ a part where the coil spring ~~(11)~~ is arranged.

4. **(Currently Amended)** An actuator according to claim 2, ~~characterized in that~~ wherein the cylindrical part ~~(9)~~ is of metal with axially ~~-~~extending strips of ~~plastics~~ plastic on which the spring ~~(11)~~ is arranged.

5. **(Currently Amended)** An actuator according to claim 1, ~~characterized in that~~ wherein the cylindrical part ~~(9, 10)~~ forms part of a bracket ~~(8)~~ mounted on the front end of the motor ~~(6)~~.

6. **(Currently Amended)** An actuator according to claim 1, ~~characterized in that~~ wherein the transmission comprises a worm drive with a worm ~~(7)~~ and a worm wheel ~~(13)~~, said coil spring ~~(11)~~ having its one end connected to the worm wheel.

7. **(Currently Amended)** An actuator according to claim 6, ~~characterized in that~~ wherein the coil spring ~~(11)~~ is secured to the worm wheel with a radially outwardly bent end.

8. **(Currently Amended)** An actuator according to claim 6, ~~characterized in that~~ wherein the coil spring ~~(11)~~ is secured in a hole in the worm wheel with an axially bent end.

9. **(Currently Amended)** An actuator according to claim 1, ~~characterized in that~~ wherein the coil spring ~~(11)~~ is externally surrounded by a heat-conducting metal shield to convey heat away from the spring.

10. **(Currently Amended)** An actuator according to claim 1, ~~characterized in that~~ wherein the coil spring ~~(11)~~ is of metal, and ~~that~~ the wire forming the spring has a four-sided, circular or oval cross-section.